STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

B. Voc. Food Processing and Quality Control

Title : Food, Nutrition and Health – Keys to Proactive Health

Participants : 152

Resource Person :

- 1. Dr Anbu Malar, Assistant Professor
- 2. Ms. K.Deepika, Assistant Professor
- 3. Ms.R.Shantha, Assistant Professor
- 4. Ms.Subhashree.S, Assistant Professor

Date : 14 May 2020

Brief Note :

The resource persons spoke on topics relevant to the present scenario namely community nutrition, fortification of foods, the significance of hygiene and sanitation on health and food safety and food standards. The webinar was well received by the participants and the feedback was very encouraging